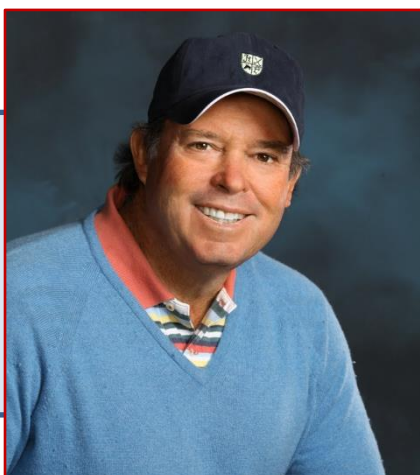


Circular 47/2019

**Seminario
de Certificación:**

Bioswing Dynamics

Smart2Move



Mike Adams

2016 PGA Teacher of the Year

30 de SEPTIEMBRE, 1 y 2 de OCTUBRE de 2019

Sobre Mike Adams:

- 2016 PGA Maestro del Año.
- Miembro del "World Golf Teacher Hall of Fame".
- Nº 2 - Top 50 Best Teachers in America por Golf Digest.

BioSwing Dynamics™ es un enfoque revolucionario para aprender y entrenar golf. Mike Adams y E.A. Tischler, cofundadores de esta metodología, combinaron sus esfuerzos y experiencia con la investigación de otros científicos líderes, biomecánicos y expertos en acondicionamiento físico para ofrecer uno de los mejores enfoques para ayudar a los golfistas a alcanzar su potencial.

“BioSwing Dynamics cierra las brechas entre la enseñanza, el entrenamiento y la ciencia. Elimina las conjeturas a la hora de determinar cómo debe hacer el swing de manera óptima un golfista. Nos permite aportar eficiencia de movimiento al swing de golf de los alumnos, en un entorno sin lesiones”.

Mike Adams

El Curso tendrá una duración de 3 días y la programación es la siguiente:

Lunes 30 de septiembre:

NIVEL 1 (Día 1)

- Registro: 9:30 – 10:00h
- Inicio del seminario: 10:00 – 13:15h
- Comida: 13:15 – 14:45h
- Sesión de tarde: 14:45 – 19:00h

Martes 1 de octubre:

NIVEL 1 (Día 2)

- Sesión de la mañana: 9:00 – 12:45h
- Comida: 12:45 – 14:15h
- Sesión de tarde: 14:15 – 18:00h

Miércoles 2 de octubre:

NIVEL 2 (Día 3)

- Sesión de la mañana: 9:00 – 12:45h
- Comida: 12:45 – 14:15h
- Sesión de tarde: 14:15 – 19:00h

Programa, contenido y precio de la Certificación:

(El curso se impartirá en inglés con traducción al castellano)

Bioswing Dynamics Certification

Mike Adams
2016 PGA Teacher of the year

Centro Nacional de Golf
Spain

Sept. 30th & Oct. 1st-2nd, 2019

Location | Calle del Arroyo del Monte, 5, 28035 Madrid, Spain

More info at smart2move.com/education

About Mike Adams

- 2016 PGA Teacher of the year
- World Golf Teacher Hall of fame members
- #2 - Top 50 Best Teachers in America by Golf Digest

BioSwing Dynamics™ is a revolutionary approach to learning and coaching golf. Mike Adams and E.A. Tischler, co-founders of the approach, combined their experience, efforts and expertise along with research from other leading scientists, biomechanists and fitness experts to offer one of the best approaches for helping golfers achieve their potential.

"BioSwing Dynamics bridges the gaps between teaching, coaching and science. It takes the guesswork out of determining how a golfer should optimally swing. It allows us to bring efficiency of motion in an injury-free environment to the students' golf swing." **Mike Adams**

Education Program Day 1 - Level 1

9:30 - 10:00 Welcome of participants

- Theory Training
- Cracking the golf swing Code

11:45 - 12:00 Break

- Theory Training
- Cracking the golf swing Code

13:15 - 14:45 Lunch

14:45 - 19:00 Practice Training

- Biomechanics & ground reaction forces
- Building the student's blue print
- Force & Pressure data
- Building the student's blue print
- Q&A

contact@smart2move.com

www.Smart2Move.com



Education Program Day 2 - Level 1

○ 9:00 - 9:30 Welcome of participants

Theory Training

- Constructing the student's Biomechanically perfect swing

○ 11:15 - 11:30 Break

Theory Training

- Constructing the student's Biomechanically perfect swing

○ 12:45 - 14:15 Lunch

○ 14:15 - 18:00 Practice Training

- Screening / measuring students to improve performances
- Q&A
- End Level 1 & Conclusion

Education Program Day 3 - Level 2

○ 9:00 - 9:30 Welcome of participants

Theory Training

- Understanding Ball Flight Data

○ 11:15 - 11:30 Break

Theory Training

- Understanding Ball Flight Data

○ 12:45 - 14:15 Lunch

○ 14:10 - 19:00 Practice Training

- Measuring to Master
- Review + Q&A

Price

Level 1
Sept 30th & Oct 1st

500€

lunch included

Level 1 & 2
Sept 30th - Oct 1st & 2nd

750€

lunch included

Level 2
Oct 2nd

250€

lunch included

Early Booking*
available with coupon code:

BSD100

*Register for the 3 days
before July, 29th and
get 100€ off.

Limited seats !

Preferential Price for returning participant or online certified BioSwing Dynamics instructor.
Contact us at contact@smart2move.com.

contact@smart2move.com

www.Smart2Move.com



Smart2Move

Smart2Move and its Team is specialized in Biomechanics and ground reaction forces analysis. Based on scientific research and experience of training, coaching and analyzing the motion of the golf swing, this workshop will teach you how to use physics and technology tools for a better understanding of the golf swing. Our unique force plates instantly diagnose a player's maximum potential so they can achieve instant and long term performance increases.

Smart2Move

Speakers



Known as the 'Teacher of Teachers' & 'Swing Dr'
Rank #2 Top 50 Teacher Golf Digest
Golf Magazine Top 100 Instructor
2016 PGA National Teacher of the Year
World Golf Hall of Fame member



French & Swiss PGA Member
Board of Directors Smart2Move (CH)
Certified TPI Junior level 3 & Mechanic level 3
Certified Trackman level 2
Swiss Olympic Junior Golf Teacher
Bioswing Dynamics certified



Engineer in Science of human movement – Biomechanics/
Physiology & Neuroscience 10 years experience -
Biomechanics applied to optimize athletic performance
Former top athlete (track and field)
Bioswing Dynamics certified

contact@smart2move.com

www.Smart2Move.com

CERTIFICACIÓN: **Bioswing Dynamics**

Centro Nacional de Golf · RFEG · Madrid

30/9, 1 y 2/10 de 2019



Inscripción

(Incluye documentación y almuerzos).

Inscríbete directamente al Seminario, a través del siguiente link:

<https://bioswing.smart2move.com/product/bioswing-dynamics-level-1-2-madrid-spain/>

Descuento de 100€ en la inscripción para los 3 días, si realizas la inscripción antes del 29 de julio.

PLAZAS LIMITADAS

Real Federación Española de Golf
Departamento de Formación

En Madrid, a 11 de julio de 2019
EI SECRETARIO GENERAL



D. Luis Álvarez de Bohorquez